

## Home Page

## Logo



## URL

<https://digest.bps.org.uk/>

## Subject

Psychology - Digests

## Accessibility

Free

## Language

English

## Publisher

The British Psychological Society

## Brief History

The Psychologist and The Psychologist Online is the official publication of The British Psychological Society. The Psychologist is produced by a small team of BPS staff. Dr Jon Sutton is the Managing Editor. He joined the Society in March 2000, from a psychology lectureship at Glasgow Caledonian University. Jon is responsible for all aspects of strategic development, budgeting, commissioning, editing, advertising and promotions, etc. He also oversees the Research Digest.

## ***Scope and Coverage***

It covers different areas of psychology like cognition, social, mental health, emotion, developmental, feast, brain, occupational etc. Information are written in an informative and engaging style. In this digest articles may provide a broad overview of a particular area or issue, review the literature, include some original research, discuss theory, or debate applied issues and practical and professional problems.

## ***Kind of Information***

In this digest each entry (article) provides author of the article, title of article, date of publishing, description with a theme photograph. After each entry related articles are also available. An example is given below under the category Cognition, Decision making, Social, and Thought .

March 2, 2017

High population density seems to shift us into a future-oriented mindset



By Christian Jarrett

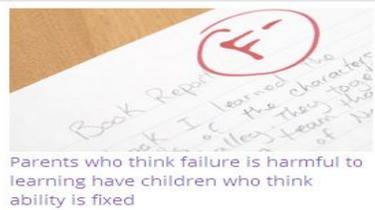
In the UK we're familiar with the practical implications of increasing population density: traffic jams, longer waits to see a doctor, a lack of available housing. What many of us probably hadn't realised is how living in crowded environment could be affecting us at a deep psychological level, fostering in us a more future-oriented mindset or what evolutionary psychologists call a "slow life history" strategy.

In their paper in the *Journal of Personality and Social Psychology*, Oliver Sng at the University of Michigan and his colleagues present a range of evidence that shows how this strategy plays out in the more patient ways that we approach our relationships, parenting and economic decisions. In essence, the researchers are proposing that the presence of greater numbers of other people in close proximity prompts us to invest in the future as way to compete more effectively.

## **Related Item**



Careful – a long-running rivalry can make you reckless  
In "Emotion"



Parents who think failure is harmful to learning have children who think ability is fixed

### ***Special Features***

- Links to social networking sites like Facebook, Twitter, Google+ and so on. User can share any entry or article.
- List of popular articles present.
- Archive of month wise previous post available.
- Digestapp available for Android and iOS.
- One can subscribe weekly email alert.
- User can leave their important reply.

### ***Arrangement Pattern***

In this tool various categories are arranged alphabetical order. Arrangements of categories as follows: Alcohol, Anger, Anniversary, Announcements, Autism, Brain, Cognition, Comparative, Competitions, Creativity, Cross-cultural, Dating, Decision making etc. The archives of previous posts are arranged in chronological order. e.g.:

March 2017 (12)  
February 2017 (26)  
January 2017 (26)  
December 2016 (22)  
November 2016 (25)  
October 2016 (28)  
September 2016 (15)  
August 2016 (24)  
July 2016 (27)  
June 2016 (30)  
May 2016 (22)  
April 2016 (35)  
March 2016 (31)

### ***Remarks***

### ***Comparable Tools***

- Open Medicine Digest (<https://blogs.biomedcentral.com/on-medicine/tag/open-medicine-digest/>)
- Biofuels Digest ( <http://www.biofuelsdigest.com/>)

### ***Date of Access***

March 20, 2017